

h-u-g

Welcome/Introductions

ABCs (sing song, pointing to letters on upper- and lowercase posters)

Vowel Song (sing song, pointing to letters on poster)

Read Featured book(s)

Read one or more of the following:

Hug by Alborough, Jez

Big Bear Hug by Nicholas Oldland

Letter Sounds Instruction-

Review the sounds for letters h, u, and g.

Students will place pictures under the appropriate letters.

Say: /h/, hug, /h/ (kids repeat)

hug, hotdog, hammer, hippo, heart, hands (happy),
house

Motion: Note that the sound for h is made with an open-mouthed, breath sound. Hold hand in front of mouth to feel the puff of air.

Say: /u/, [gorilla chest thump] /u/ (kids repeat)

umbrellas, underwater, up, underwear, umpire, untied
unicorn, universe

Motion: Thump chest with open palm and say /u/ like a gorilla.

Say: /g/, /gorilla/ /g/ (kids repeat)

gorilla, green grass, grapes, garden, grandparents, globe
gloves

Motion: Place fingers on throat and make a gulping sound. Feel the muscle movement and the vibrations of this voiced sound.

Handwriting-

h (tall), u (small), g (hangs down low)

Need:

pencils

tracing papers

regular handwriting paper

NOTE: Add a star for starting spot on letters as needed.

Creative Play (following directions)

How to give yourself a hug:

1. First, stretch your arms wide and notice your arms.

2. Then, wrap your arms around your body.
3. If you like, you can close your eyes.
4. Give yourself a gentle squeeze or a tight squeeze.
5. Then, notice your breath.
6. Take a few slow, deep breaths.
7. Gently rock from side to side.

How was your hug?

Crafty Fun Activity:

Make a Hug that fits into an envelope so student can send a hug to a loved one.

Need:

brown paper
pencil
scissors
pre-cut ribbon
sticky dots

Have student trace each hand on the brown paper with a pencil. Next, invite them to cut out their paper hands. Connect the hands with a pre-cut length of ribbon. Use sticky dots to adhere hands to ribbon, two for each hand.

Treat/Multisensory Activity:

Phonemic Awareness w/ magnetic wands

Need:

magnetic wand

4 bingo discs

laminated PA sound separation board (4 spaces)

word list (for teacher)

Hold the four bingo discs in your hand. Begin with the first word on the list saying *hug* for your student, sound by sound. As you make the sounds, one by one, place a disc in each lower section of the sound separation board. You should have one disc left over. Note that *hug* has only three sounds. Set the remaining disc aside.

Make the sounds for *hug* again, but as you say /h/, move the first disc, on the left, upward and onto the line.

Moving from left to right across the word, make the next sound and the next.

Next, “pick up” each disc using the magnetic wand, moving from left to right across the discs so that the “clink” from the disc hitting the wand matches the timing of you naming the sounds.

Remove the discs from the wand and hold them in your hand once again.

Continue, in the same way, with the next word on the list.

Say the word placing a disc in the lower box as you make each sound. Some words will have only two sounds, others three, and others four.

Repeat the activity until the child has enjoyed segmenting and sliding sounds for many words.

TREAT

For the final word, do *hug* again, but this time use a **Hershey's hug** for each sound box (3).

Note that the magnetic wand won't work to pick up the Hug. Even though the silver wrapping *looks* like it could be metallic, it's not a ferromagnetic metal such as iron, cobalt, nickel, manganese, or steel.

beginning

middle

end
